



MAY 7 JOG-A-THON

Event Information and Schedule

EVENT SCHEDULE

9:00 - 9:45 Heyboer / Polston
9:20 - 10:05 Vargas / Ratke
9:45 - 10:30 Pike / Andrus
10:05 - 10:50 Bouwman/ Tiefenbach
10:25 - 11:10 Johnson / Lehnert
10:50 - 11:35 Klumpel / Lampen

11:10 - 11:55 LeClair / Jonker

11:30 - 12:15 Wolffis

*5th graders cheer on after lunch

Lunch Break

12:50 - 1:45 Johnson

1:10 - 2:05 Bouwman /

Fall 2010 Kids!

EVENT INFO

- ★ Classes will receive their jog-a-thon t-shirts on the day of the run, along with lap sheets.
- ★ Classes will come out to the 'warm-up' area to get ready for the run.
- ★ The run starts when the DJ starts the music, and the run lasts for 20 minutes.
- ★ Kids can run, walk, skip, however they want during the run, and water is provided at stations all around the track.
- ★ Runners will check in with volunteer lap-counters each lap to have their lap sheets marked.
- ★ When the music stops, runners head to the 'cool down area' to stretch and enjoy refreshments.
- ★ Come on out to cheer on your runner!

The Jog-a-thon track will be set-up behind the playground basketball court.

**3rd, 4th, and 5th grades run
1/12th mile course**

**K, 1st, and 2nd grades run
1/16th mile course**

